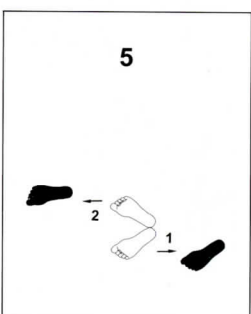
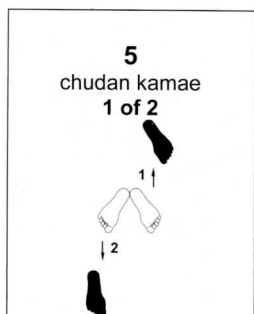
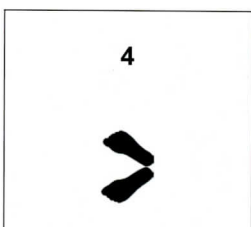
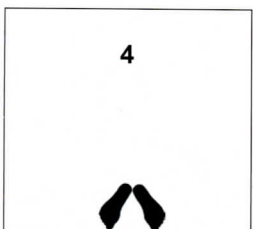
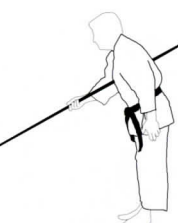
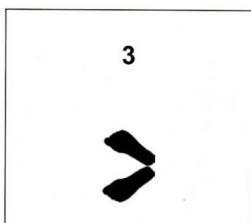
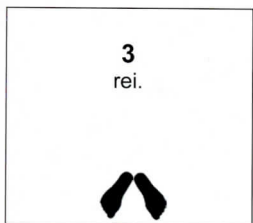
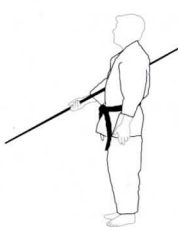
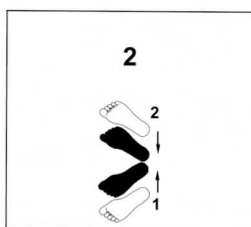
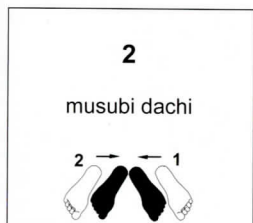
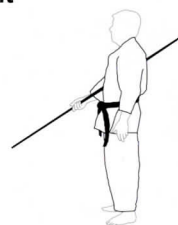
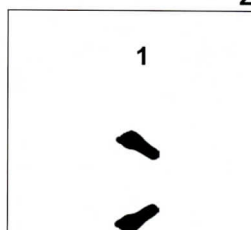


KIHON.

KAMAE – KATA

frontaal

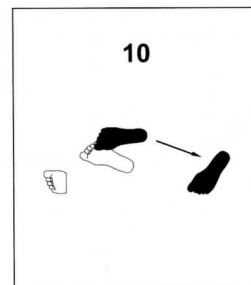
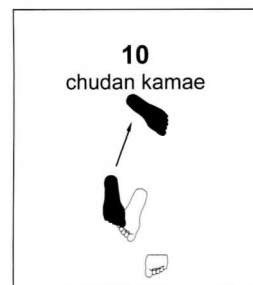
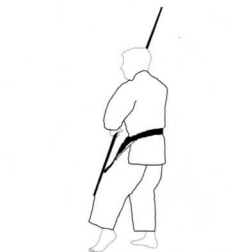
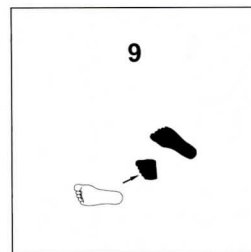
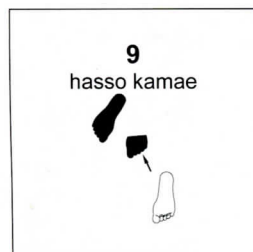
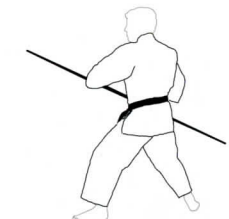
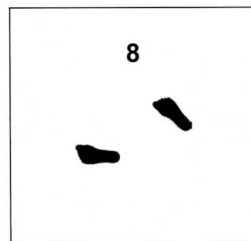
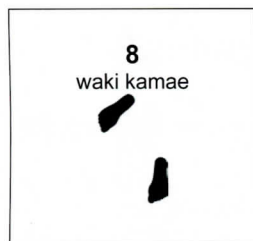
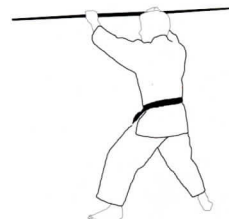
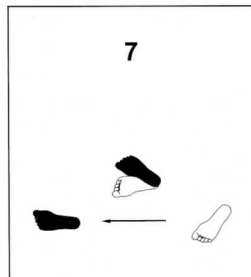
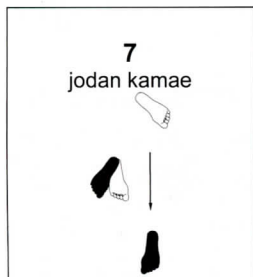
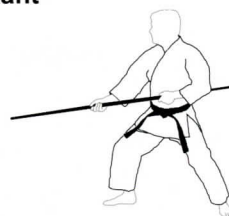
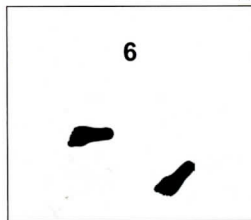
zijkant



KAMAE – KATA (vervolg)

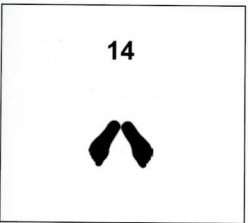
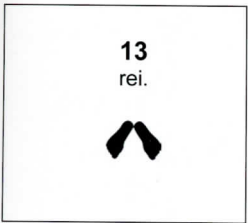
frontaal

zijkant



KAMAE - KATA (vervolg)

frontaal



zijkant

